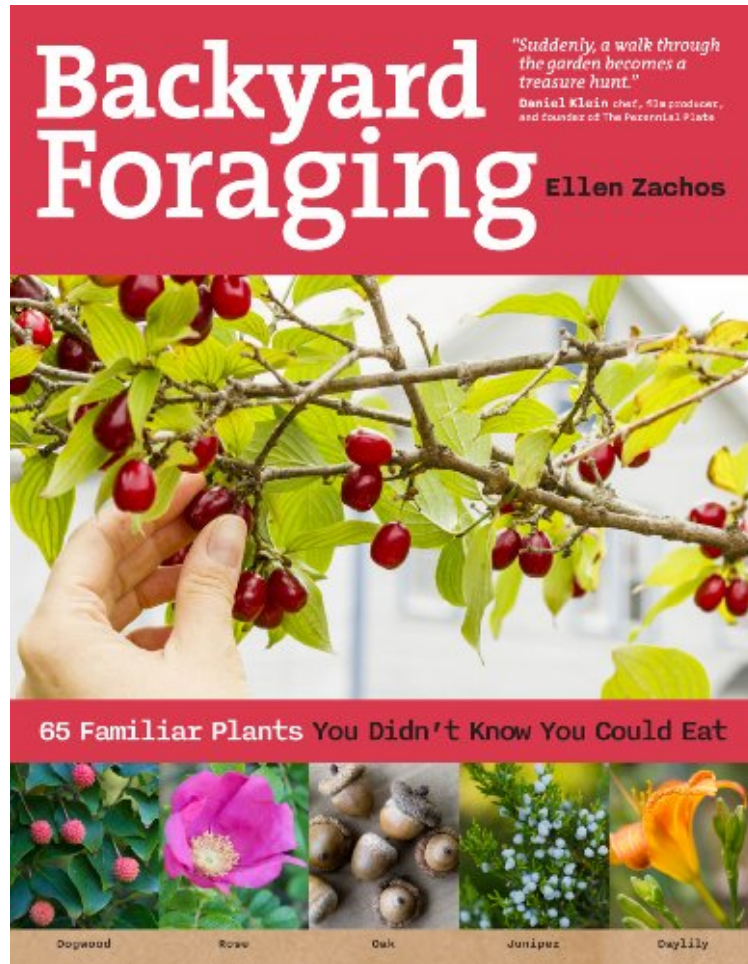


[Free download] Backyard Foraging: 65 Familiar Plants You Didn't Know You Could Eat

# Backyard Foraging: 65 Familiar Plants You Didn't Know You Could Eat

Ellen Zachos

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**Ellen Zachos : Backyard Foraging: 65 Familiar Plants You Didn't Know You Could Eat** before purchasing it in order to gauge whether or not it would be worth my time, and all praised Backyard Foraging: 65 Familiar Plants You Didn't Know You Could Eat:

80 of 84 people found the following review helpful. Useful in more ways than expected By Jason2483I bought this for my wife. We have a very attractive male neighbor that I will call Mr. Acorn. He likes to take his kids on walks and eat plants around the neighborhood and make acorn flour to bake with. My wife was suddenly VERY interested in going on these walks etc. I am not typically a jealous husband, but I am not stupid either. She was making so many trips to discuss this new hobby with Mr. Acorn it was a little concerning. I did a little homework of my own and selected this book to replace Mr. Acorn down the street. The images and variety of plants included eliminated the need for future

clarification from Mr. Acorn. This book was able to identify most of the plants in our neighborhood that are edible. Combined with a book from the library on native edible plants in our region, my wife just couldn't find an excuse to call Mr. Acorn and he is now long forgotten, all without me appearing to be jealous and instead being supportive.... In case of a zombie apocalypse, I will be glad to know which my undead neighbor's have edible plants too. 5 out of 5 stars for me! 1 of 1 people found the following review helpful. Happy with purchase By DebC Very handy guide, good pictures and descriptions. 0 of 0 people found the following review helpful. Five Stars By Rock puppy Great book. Lots of plants that you may be already growing in your landscape are edible.

There's food growing everywhere! You'll be amazed by how many of the plants you see each day are actually nutritious edibles. Ideal for first-time foragers, this book features 70 edible weeds, flowers, mushrooms, and ornamental plants typically found in urban and suburban neighborhoods. Full-color photographs make identification easy, while tips on common plant locations, pesticides, pollution, and dangerous flora make foraging as safe and simple as stepping into your own backyard.

From Booklist Sixty-five familiar plants you didn't know you could eat are the stars of this impressively comprehensive guide by horticulturist Zachos, who stresses the ease and elegance of foraging familiar plants: greens, fruits, nuts, seeds, tubers, and fungi in yards and nearby environs. Safety first is the mantra when harvesting in the hood, Zachos instructs. She also provides a section on such necessary tools of the trade as bypass pruners and canning jars. She fully describes the categorically arranged 65 plants, from bamboo to redbud and ginkgo, providing how-to discussions on harvesting and preparation. Eye-catching sidebars on legality, quick plant identification, food-preparation tips, and more accompany the main text, which is abundantly illustrated with full-color photos throughout. Back matter includes instructions on freezing and dehydration and recipes for syrups, jams, alcoholic beverages (Dandelion wine is the color of sunshine), baked goods, and savory dishes. --Whitney Scott [An] impressively comprehensive guide by horticulturist Zachos, who stresses the ease and elegance of foraging familiar plants: greens, fruits, nuts, seeds, tubers, and fungi in yards and nearby environs. Eye-catching sidebars on legality, quick plant identification, food-preparation tips, and more accompany the main text, which is abundantly illustrated with full-color photos throughout.