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Jeffrey C. May, Connie L. May
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Jeffrey C. May, Connie L. May : Jeff Mays Healthy Home Tips: A Workbook for Detecting, Diagnosing, and Eliminating Pesky Pests, Stinky Stenches, Musty Mold, and Other Aggravating Home Problems before purchasing it in order to gage whether or not it would be worth my time, and all praised Jeff Mays Healthy Home Tips: A Workbook for Detecting, Diagnosing, and Eliminating Pesky Pests, Stinky Stenches, Musty Mold, and Other Aggravating Home Problems:

0 of 0 people found the following review helpful. The Best Info to Figure Out Air Quality Issues.By Jane MastrogiovanniGreat workbook to help get to the bottom of indoor air quality issues. Jeff May and his wife are knowledgeable and one of the top people on this field. Written clearly and spot on for the average person to

comprehend and understand what the issues may be. If you have issues in your home, read this asap. 2 of 3 people found the following review helpful. Helpful Quick Reference for Household Problems By pfhurt I'm a big fan of all of Jeff May's books (Healthy Home Tips, reviewed here; My House is Killing Me; and Mold Survival Guide). Each fills a niche, but I've found Healthy Home Tips to be broadly useful, with information that is succinct and accessible. It has helped me understand and fix a variety of problems, focusing primarily on moisture and indoor air quality. I recommend it. 2 of 3 people found the following review helpful. Ok book By debbie1030 I bought this book thinking it would be a useful tool for doing things around the house, it was not all I thought would be.

Designed for people concerned about the air quality in their home, this step-by-step guide covers the nooks and crannies of indoor air pollution from what to look for to how to fix it. Jeffrey May and his wife, Connie May, draw from their professional expertise and previous books *My House Is Killing Me!*, *My Office Is Killing Me!*, and *The Mold Survival Guide* to create a friendly, easy-to-use workbook complete with mini-case studies, diagnostic exercises, illustrations, and recommendations. The Mays describe the health problems that can be caused or exacerbated by such airborne contaminants as fungi, mold, mildew, moisture, and odor. Their warmth, humor, and conversational banter are welcome antidotes to the scare tactics of unsavory remediators; Jeff and Connie give people the knowledge they need to address serious problems without getting ripped off. Readers can check visual symptoms of their home's problems using the book's illustrations and photographs; get easy-to-follow instructions in diagnosing, addressing, and monitoring problems; find out whether professional help is needed; get advice on choosing the right professional; and consult thorough resource sections for further information and assistance. From waterproofing basements to checking home heating and cooling systems for leaks and contaminants, *Jeff Mays Healthy Home Tips* helps renters and homeowners alike make sure that their homes are clean and healthy places to live.

"If your nose gets congested, you develop a sinus headache, or your asthma often gets worse after an hour or two at home or at work, buy one of Jeff's books to find the cause and a way to fix it (and he didn't pay me to say this)." (Paul Enright, MD WebMD) "Accessible language, step-by-step instructions, and clear, identifying diagrams and photos." (AARC Times) About the Author Jeffrey C. May is a certified indoor air quality professional (CIAQP) who has investigated moisture, mold, odor, indoor air quality, and paint failure problems in thousand of buildings across the United States. He is the principal scientist at May Indoor Air Investigations LLC and the author of *My House Is Killing Me!*, *My Office Is Killing Me!*, and *The Mold Survival Guide*, all published by Johns Hopkins. His wife, Connie L. May, was an English teacher and school administrator before joining May Indoor Air Investigations LLC. She is a coauthor of the textbook series *From Thought to Action*, and she coauthored *The Mold Survival Guide*.